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# GENDER EQUALITY AND WOMEN EMPOWERMENT



### LET US PROMOTE

Gender Equality & Women Empowerment

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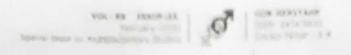
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## WOMEN EMPOWERMENT THROUGH EDUCATION AND OTHER PERSPECTIVES

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#### Abstract:

Women Empowerment is the creation of an environment where women can make independent decisions on their personal development as well as shine as equals in society to make our self independent in life for that reason she needs education, care, health also face sexual harassment problems at work place. To achieve a well position, She fights against losser problems in society. Women Empowerment is a movement involving respect, honor and recongnition towards all woman.

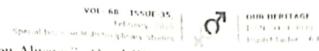
#### Keywords:

Women empowerment, care, health, sexual harassment, Education, Equality. Introduction:

Women's Empowerment educates and empowers women who are homeless with the skills and confidence necessary to get a job, create a healthy lifestyle, and regain a home for themselves and their children. Women want to be treated as equals so much so that if a woman rises to the top of her field it should be a common place occurrence that draws nothing more than a raised eyebrow at the gender. This can only happen if there is a channelized route for the empowerment of women. Thus it is no real surprise that women empowerment in India is a hotly discussed topic with no real solution looming in the horizon except to doubly redouble our efforts and continue to target the sources of all the violence and ill-will towards women their communities. Women are empowered when they are able to access the opportunities available to them without limitations and restrictions such as in education, profession and lifestyle. Empowerment of women is a necessity for the development of society as it enhances both the quality and quantity of human resources available for development. Women empowerment is one of the significant contributions of development of country.

#### 1. EMPOWERMENT QUOTATIONS FOR WOMEN:

\* "It doesn't matter who you are, or where you came from. The ability to triumat be size



with you. Always." - Oprah Winfrey

- "Courage is like a muscle. We strengthen it with use." Ruth Gordon
- "There came a time when the risk to remain tight in the bild was more painful than the 11 \$\display\$ it took to blossom." Anais Nin-
- "You may be disappointed if you fail, but you are doomed if you don't try " Beverly Sills
- "Our deepest wishes are whispers of our authentic selves. We must learn to respect them We must learn to listen." - Sarah Ban Breathnach
- "Never underestimate the power of a woman." Nellie McClung

#### 2. CARE:

- In India, a CARE project working with adolescent girls noted that"they are often seen only as temporary people who will cease to be - at least for the father - once they have disappeared inside a marriage."
- In Zambia, a Lenje man with many wives told CARE, "Women are likelivestock," meaning many things. They can be bought and sold, as cattle can and they are a productive asset, as cattle are. To this man, women were extremely important - his cattle certainly were - but they had the status of a commodity.
- In Lesotho, an old adage says,"A woman is the child of her father,her husband and her son." The constitution treats women as minors, in capable of making decisions... Within the law, households [that do not have a"permanent" male in them] donot exist, which makes women even more vulnerable.
- Cases where emergency response prioritized women and children, whose needs were greatest, but left the women at greater risk of attack from men who would steal food and other aid items.

A few cases in Niger where a woman's growing financial status via participation in a savings group actually puts her at risk of seclusion within the home: Some families see this as a symbol of wealth.

Gilding the Cage: Most people live within social structures so deeply normalized that they are seen as the natural way of things. An individual who benefits from some change in status or wealth may use that change not to alter structures, but to gain power within the very system that restricts her. For example:

A woman in India may use increased income to purchase fetal screening and, per cultural preferences for sons over daughters, abort a female fetus.

Discussions about female genital cutting may persuade a family not to drop the practice,

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but to perpetrate somewhat less severe forms on their daughters.

#### 3.HEALTH:

- Women face many injustices and inequalities globally, both in terms of economic face, and human rights. An often overlooked aspect of this phenomenon is their health.
- For example, the World Health Organization points out that "maternal mortality is barely changed since 1990." This fact points to the great need for a specific focus in women's health issues. A concern that Rogayah Jaafar voiced was that "if the WHIF 4st not act to advance the Women and Health agenda, it could lose momentum. A statement that is especially true in the midst of a global economic recession.
- The WHLP is a guide that health professionals can use to help women with issues that they specifically face. These issues range from cervical and breast cancer to domests violence to education about contraceptives and prenatal care.
- \* When WHTF creates each edition of the WHLP they take into account the disadvantages that poor women face when they seek healthcare.

#### 4. SEXUAL HARASHMENT:

- "If we're going to talk about women's empowerment, we have to talk about the problem of sexual violence. It's great if the head of the community development committee is a woman. But if she's going home and getting raped every night by any one in family of sexual harassment at workplace is she empowered? No."
- The crimes against women fly directly against orchestrating women empowerment in India.
- \* If we empowerment the women through Vishkha guidelines she can fight against the sexual harashment.

## VISHAKHA GUIDLINES AGAINST SEXUALHARASSMENT AT WORK PLACE:

Guidelines & norms laid down by the Hon'ble supreme court in Vishakha& others, state of Rajasthan & others (JT 1997 (7) SC 384).

It is necessary & expedient for employers as well as other responsible persons or institution to observe certain guidelines to ensure the prevention of sexual harassment of women. According to these guidelines any institute, industries etc have to follow individual responsibility to take care about the women security.

Appropriate work condition should be provided in respect of work, leisure, health and hygiene to further ensure that there is no hostile environment towards women at work places and no employee woman should have reasonable to believe that she is disadvantaged in connection

... Criminal proceedings. Discourt. Substitute of the second of th white Workers initiative, Awareness, Third party harassment

These guideline will not prejudice any right available under the protection of himon Act. 1993. Therefore the women can empower the other lady through this vishkha guideline edshe helps against the sexual harashment of other womens. : Education:

All we know that one educated women educate their whole family It is said that increases ocopies self- confidence and also enables them to find better jobs and they can work shoulder to shoulder with men. In particular, education empowers women to make choices that improve their children's health, their well-begin and chances of survival. A main problem in many countries is not only the limited numbers of girls going to school but also the limited educational pathways for those that step into classroom. So educated womencan empower the girls those who are unable to take education. Also educated women can achieve their goal in science, technology, company, politics and in sports etc.

#### 6. Use of Internet:

The use of internet empower the women. The growing access of the web in last 20th century has allowed to empower themselves by using various tools on the internet. With the introduction of the World wide web, women have begun to use networking sites like facebook, Twitter, Instagram, whatsapp, for online activities. So through online activities, women are able to empower themselves by organizing campaigns and voicing their opinions for equality rights without feeling oppressed by member of society. With the help of e-learning, women can now study from the comfort of their homes. By empowering themselves educationally through new technologies like e-learning, women are also learning new skills. Internet is very useful for empowerment of women through its creations, dispersion, utilization of hashtags on social media.

#### Conclusion:

In research of "Role of Women in women empowerment" into our highlighted topic women getting education in institute or participants to take precaution while studying working any where. Also use of internet can empower the women themselves in all fields without feeling oppressed by member of society. Education is most important thing to empower the women.

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