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# GENDER EQUALITY AND WOMEN EMPOWERMENT



**LET US PROMOTE**  
Gender Equality &  
Women Empowerment

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## CONTENTS

Sr. No.	Title	Name Of Contributor	Page No.
1	Role Of Women In Rural Development	Dr. Ansari Md. Haroon Md. Ramzan	1 - 5
2	Gender Equality And Women Empowerment In Indian Context	Dr. Lodhi Kamiz Fatma Niyaz Ahmed	6 - 11
3	An Analytical Study Of Problems And Challenges Faced By Working Women In India	Dr. Salma Ab. Sattar	12 - 19
4	Changing Status Of Women In India	Dr. V D. Awari	20 - 26
5	Management Of Library Network For The development Of Women Librarian	Ansari Abdul Aziz Ghulamurtuza	26 - 30
6	Woman Empowerment, Issues Challenges Economic, Social And Educational Empowerment Of Women And Challenges.	Dr. Ansari Zulekhamohd. Yusuf	31 - 35
7	Women And Development	Amol V. Tisge	36 - 38
8	"The Unsung Social Reformer Of India - Panditaramabai"	Prof. Meshramkarsunetra	39 - 42
9	Gender Inequality And Women's Health Indian Perspective With Special Reference To Malegaon City	Prof. Harndani Rizwana M. J.	43 - 48
10	Gender Issues In English Language Teaching And Learning	Dr. Padmavat Nirmala S. Rubeen Aabdus Sattar	49 - 55
11	Gender, Gender Equality And Women Empowerment	Dr. Humairabadruzzama	56 - 63
12	Gender Equality And Women Empowerment With Reference To Nagpur Zilla Parishad (1992 To 2019)	Dr. Rahul V. Bavage Prof. Mohan S. Kashikar	64 - 74
13	Empowerment Of Muslim Women Through Education In India	Dr. Ahmad Shamshad	75 - 85
14	"Panorama Of Women Empowerment In Mahasweta Devi's Selected Short Stories"	Dr. Bharati Sukalal Khairnar	86 - 90
15	Education And Women Empowerment	Prof. Ansari Safiya Shabbir Ahmed	91 - 96
16	Empowering Girls And Women Through Sport And Physical Activity	Prof. Rizwan Khan Amanullah Khan	97-100
17	Women In Maharashtra State Assembly	Prof. Dr. Manish. B. Sonawane	101-103
18	Women Empowerment In Science And Technology- An Essential Approach For Strong Nation Building	Dr. Khan Rumana Shahin Amanullah	101-108





19	A New Woman In Oleander Girl	Dr Kalyan Shidram Kokane	109-113
20	Women Empowement And Their Rights In India	Dr. Lodhi Kaniz Fatma Neyes Ah. Mr. P. S. Auti	114-120
21	Gender Equality And Women Empowerments	Prof. Dr. Jameelurrahman	121-126
22	Women Empowerment - Issues And Challenges	Dr. Malini Nair	127-130
23	Women Empowerments And Achievement	Dr Mahjabeen Gulam Sultani	131-137
24	Shakuntala Devi - The Human Computer	Ms. Gawali P.D	138-141
25	Women And Science	Dr. Ansari Farzanawahiduzzama	138-146
26	Women And Law Relating To Domestic Violence	Smt. Khune Shakuntala Kashinathrao	147-150
27	Women And domestic Violence Act, 2005	Dr. S. M. Devare	151-156
28	Women Empowerment In India	Ansari Abdullah Daniyal	157-160
29	Contribution Of Female Mathematician	Smt. S. R. Joshi	161-162
30	Women Empowerment Through Education And Other Perspectives	Dr. Pradnya Annarao Survasc	163-166
31	Women Empowerment And Technology	Saimafirdous Mohammed Yaseen	167-169
32	Women In Changing India	Mr. Vithoba Pandit Khaimar	170-175
33	Feminist Perspectives On Women Empowerment: With Special Reference To Indian English Novelists	Mr. Gopikrishna antrao yelwatkar	176-178
34	Constitutional Provision Relating To Right Of Women Under Labour Legislation	Shri. Rakesh Arvind Bhosale	179-181
35	Role Of Women In Indian Sports	Prof. Sunita Desale	182-185
36	Status Of Women In India "Women Are The Ornaments Of Our Society"	Professor Sadiya Parveen Nehal Ahmad	186-190
37	Concept Of Women Empowerment	Dr. Mahesh Jaiwantrao Patil	191-195
38	Legal Framework Of Sexual Harassment Of Woman At Workplace In India	Vardhaman Vinayak Ahiwale	196-200



# WOMEN EMPOWERMENT THROUGH EDUCATION AND OTHER PERSPECTIVES

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## Abstract:

Women Empowerment is the creation of an environment where women can make independent decisions on their personal development as well as shine as equals in society. To make our self independent in life for that reason she needs education, care, health also face sexual harassment problems at work place. To achieve a well position, She fights against lesser problems in society. Women Empowerment is a movement involving respect, honor and recognition towards all woman.

## Keywords:

Women empowerment, care, health, sexual harassment, Education, Equality.

## Introduction:

Women's Empowerment educates and empowers women who are homeless with the skills and confidence necessary to get a job, create a healthy lifestyle, and regain a home for themselves and their children. Women want to be treated as equals so much so that if a woman rises to the top of her field it should be a common place occurrence that draws nothing more than a raised eyebrow at the gender. This can only happen if there is a channelized route for the empowerment of women. Thus it is no real surprise that women empowerment in India is a hotly discussed topic with no real solution looming in the horizon except to doubly redouble our efforts and continue to target the sources of all the violence and ill-will towards women. Empowerment is the process that creates power in individuals over their own lives, society and their communities. Women are empowered when they are able to access the opportunities available to them without limitations and restrictions such as in education, profession and lifestyle. Empowerment of women is a necessity for the development of society as it enhances both the quality and quantity of human resources available for development. Women empowerment is one of the significant contributions of development of country.

## I. EMPOWERMENT QUOTATIONS FOR WOMEN:

- \* "It doesn't matter who you are, or where you came from. The ability to triumph is what counts."





with you. Always.” - Oprah Winfrey

• “Courage is like a muscle. We strengthen it with use.” - Ruth Gordon

• “There came a time when the risk to remain tight in the bud was more painful than the risk it took to blossom.” - Anais Nin

• “You may be disappointed if you fail, but you are doomed if you don't try.” - Beverly Sills

• “Our deepest wishes are whispers of our authentic selves. We must learn to respect them. We must learn to listen.” - Sarah Ban Breathnach

• “Never underestimate the power of a woman.” - Nellie McClung

## 2. CARE:

- In India, a CARE project working with adolescent girls noted that “they are often seen only as temporary people who will cease to be – at least for the father – once they have disappeared inside a marriage.”
- In Zambia, a Lenje man with many wives told CARE, “Women are like livestock,” meaning many things. They can be bought and sold, as cattle can and they are a productive asset, as cattle are. To this man, women were extremely important – his cattle certainly were – but they had the status of a commodity.
- In Lesotho, an old adage says, “A woman is the child of her father, her husband and her son.” The constitution treats women as minors, incapable of making decisions... Within the law, households [that do not have a “permanent” male in them] do not exist, which makes women even more vulnerable.
- Cases where emergency response prioritized women and children, whose needs were greatest, but left the women at greater risk of attack from men who would steal food and other aid items.

A few cases in Niger where a woman's growing financial status via participation in a savings group actually puts her at risk of seclusion within the home: Some families see this as a symbol of wealth.

Gilding the Cage: Most people live within social structures so deeply normalized that they are seen as the natural way of things. An individual who benefits from some change in status or wealth may use that change not to alter structures, but to gain power within the very system that restricts her. For example:

A woman in India may use increased income to purchase fetal screening and, per cultural preferences for sons over daughters, abort a female fetus.

Discussions about female genital cutting may persuade a family not to drop the practice,



but to perpetrate somewhat less severe forms on their daughters.

### 3. HEALTH:

- Women face many injustices and inequalities globally, both in terms of economic factors and human rights. An often overlooked aspect of this phenomenon is their health.
- For example, the World Health Organization points out that "maternal mortality has barely changed since 1990." This fact points to the great need for a specific focus on women's health issues. A concern that Rogayah Jaafar voiced was that "if the WHF did not act to advance the Women and Health agenda, it could lose momentum" - a statement that is especially true in the midst of a global economic recession.
- The WHLP is a guide that health professionals can use to help women with issues that they specifically face. These issues range from cervical and breast cancer to domestic violence to education about contraceptives and prenatal care.
- When WHF creates each edition of the WHLP they take into account the disadvantages that poor women face when they seek healthcare.

### 4. SEXUAL HARASSMENT:

- "If we're going to talk about women's empowerment, we have to talk about the problem of sexual violence. It's great if the head of the community development committee is a woman. But if she's going home and getting raped every night by any one in family or sexual harassment at workplace, is she empowered? No."
- The crimes against women fly directly against orchestrating women empowerment in India.
- If we empower the women through Vishkha guidelines she can fight against the sexual harassment.

### VISHAKHA GUIDELINES AGAINST SEXUAL HARASSMENT AT WORK PLACE :

Guidelines & norms laid down by the Hon'ble supreme court in Vishakha & others, state of Rajasthan & others ( JT 1997 (7) SC 384 ).

It is necessary & expedient for employers as well as other responsible persons or institution to observe certain guidelines to ensure the prevention of sexual harassment of women. According to these guidelines any institute, industries etc have to follow individual responsibility to take care about the women security.

Appropriate work condition should be provided in respect of work, leisure, health and hygiene to further ensure that there is no hostile environment towards women at work places and no employee woman should have reasonable to believe that she is disadvantaged in connection



with her employment. Also we can empower the women through the respective ways from sexual harassment, Criminal proceedings, Disciplinary Action, Complaint mechanism, Complaint committee, Workers initiative, Awareness, Third party harassment

These guideline will not prejudice any right available under the protection of human rights Act, 1993. Therefore the women can empower the other lady through this vishkha guideline and she helps against the sexual harassment of other womens.

#### Education:

All we know that one educated women educate their whole family It is said that increases peoples self- confidence and also enables them to find better jobs and they can work shoulder to shoulder with men. In particular, education empowers women to make choices that improve their children's health, their well-being and chances of survival. A main problem in many countries is not only the limited numbers of girls going to school but also the limited educational pathways for those that step into classroom. So educated women can empower the girls those who are unable to take education. Also educated women can achieve their goal in science, technology, company, politics and in sports etc.

#### 6. Use of Internet:

The use of internet empower the women. The growing access of the web in last 20th century has allowed to empower themselves by using various tools on the internet. With the introduction of the World wide web, women have begun to use networking sites like facebook, Twitter, Instagram, whatsapp, for online activities. So through online activities, women are able to empower themselves by organizing campaigns and voicing their opinions for equality rights without feeling oppressed by member of society. With the help of e-learning, women can now study from the comfort of their homes. By empowering themselves educationally through new technologies like e-learning, women are also learning new skills. Internet is very useful for empowerment of women through its creations, dispersion, utilization of hashtags on social media.

#### Conclusion:

In research of "Role of Women in women empowerment " into our highlighted topic women getting education in institute or participants to take precaution while studying working any where. Also use of internet can empower the women themselves in all fields without feeling oppressed by member of society Education is most important thing to empower the women.

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